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Dear Parent/Carer,

We have pupils and staff in school who have a severe nut allergy. An allergic reaction can occur as a result of digestion, inhalation or any other contact with nut-based products. For their safety, all nut-based products are banned from the school premises.

Please do not send your child into school with any nut-based product for a snack or packed lunch – this includes products that may contain traces of nuts. Potential allergens could include the following:

- Spreads, e.g. chocolate spread
- Cereal bars
- Some types of biscuit containing nuts
- Condiments, e.g. satay sauce
- Cakes containing nuts
- Some snack pots containing nuts

It is important that you check the labelling of food products before sending your child in to school with them – it is not always apparent that products contain nuts or traces of nuts.

We also ask that, if your child consumes any nut-based product before school, they wash their hands thoroughly and rinse their mouth before entering the school grounds. We understand that these measures may seem extreme; however, we want to ensure the health and safety of all our pupils and staff. The allergy is so severe that even the slightest of contact with nuts would cause a severe and potentially life-threatening reaction.

Thank you in advance for your cooperation with this matter.

Yours sincerely

Miss C. Stedman

Executive Headteacher