Week 1 2 3

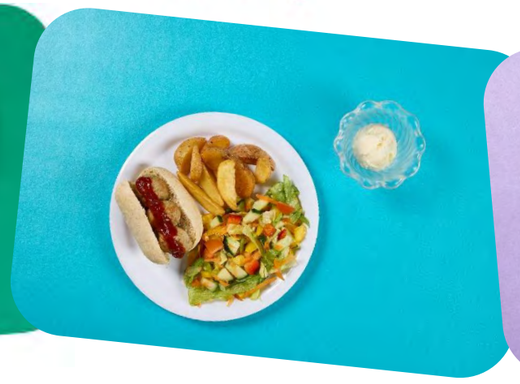


Fresh Ideas Feeding Minds

Weekly Menu



Autumn & Winter

Monday	Tuesday	Wednesday	Thursday	Friday
				
Cheese and Tomato Pasta Bake (v)	BBQ Pork Meatball Sub with Potato Wedges	Chicken Pie with Roast Potatoes and Gravy	Chicken Curry with Steamed Rice	Breaded Fish Fingers or Salmon Fingers with Chips
Alternatively	**Alternatively**	**Alternatively**	**Alternatively**	**Alternatively**
				
Tex Mex Chilli with Steamed Rice (v)	BBQ Plant Ball Sub with Potato Wedges (v)	Cheese and Potato Pie (v)	Vegemince Bolognese with Pasta Twists (v)	Garden Vegetable Goujons with Chips (v)
Beetroot Brownie	Vanilla Ice Cream	Fresh Fruit Selection	Apple Sponge with Custard	Ginger Crunch with Orange Wedges

Week One: 2 Nov | 23 Nov | 14 Dec | 18 Jan | 8 Feb | 8 Mar - Fresh Fruit Available Daily

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Week 1 2 3



Fresh Ideas Feeding Minds

Weekly Menu



Autumn & Winter

Monday	Tuesday	Wednesday	Thursday	Friday
				
Margherita Pizza with Potato Wedges (v)	Chicken Taco with Steamed Rice	Roast Chicken with Stuffing and Mashed Potato and Gravy	Pork Bolognese with Pasta	Chicken Fillet Bites with Chips
Alternatively	**Alternatively**	**Alternatively**	**Alternatively**	**Alternatively**
				
Winter Vegetable Pasta Bake (v)	Vegetarian Taco with Steamed Rice (v)	Vegetarian Cottage Pie with Gravy (v)	Cheese and Potato Pastry Pinwheel with Potato Wedges (v)	Vegetarian Enchilada with Chips (v)
Banana Cupcake	Fresh Fruit Selection	Flapjack with Apple Wedges	Cocoa Sponge and Cocoa Sauce	Cinnamon Bun

Week Two: 9 Nov | 30 Nov | 4 Jan | 25 Jan | 22 Feb | 15 Mar - Fresh Fruit Available Daily

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Week 1 2 **3**



Fresh Ideas Feeding Minds

Weekly Menu



Autumn & Winter

Monday	Tuesday	Wednesday	Thursday	Friday
				
Margherita Pizza with Tomato Pasta (v)	Chicken Fajita and Potato Wedges	Chipolata Sausages with Yorkshire Pudding, Mashed Potato and Gravy	Creamy Chicken and Tomato Pasta	Breaded Fish Fingers with Chips
Alternatively	**Alternatively**	**Alternatively**	**Alternatively**	**Alternatively**
				
Loaded Tomato and Bean Bake (v)	Cheesy Pasta (v)	Plant Sausages with Yorkshire Pudding, Mashed Potato and Gravy (v)	Vegetable Curry with Steamed Rice (v)	Cheese and Tomato Quiche with Chips (v)
Cocoa Cupcake	Fruit Jelly	Oaty Cookie	Toffee Cream Shortcake	Fresh Fruit Selection

Week Three: 16 Nov | 7 Dec | 11 Jan | 1 Feb | 1 Mar | 22 Mar - Fresh Fruit Available Daily

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