After School Club Menu

Week 1

Monday- Spaghetti Bolognese or Macaroni Cheese, Salad, Yoghurt, Fruit.

Tuesday- Bacon/Ham/Cheese Sandwich, Salad, Yoghurt, Fruit.

Wednesday- Omelette, Salad, Yoghurt, Fruit.

Thursday- Beans on Toast, Salad, Yoghurt, Fruit.

Friday- Chicken and Rice with Sweetcorn, Salad, Yoghurt, Fruit.



Weeks commencing, 14/09,28/09,12/10,02/11,16/11,30/11,14/12.

Menu

Week 2

Monday Options:

Sausage Sandwich, Toast, Cereal,

Fruit, Plain Yoghurt.

Tuesday Options:

Wholemeal Pittas, Toast, Cereal,

Fruit, Plain Yoghurt.

Wednesday Options:

Scrambled Eggs, Toast, Cereal,

Fruit, Plain Yogurt.

Thursday Options:

Porridge, Toast, Cereal,

Fruit, Plain Yoghurt.

Friday Options:

Crepes, Toast, Cereal,

Fruit, Plain Yoghurt.



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