

## MENUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Weeks commencing 05/09/22, 26/09/22, 17/10/22</b>				
<b>v denotes vegetarian option</b>				
Bawburgh Grill v Vegetable Burger	Fillet of Cod and chips, peas and sweetcorn v Quorn Crispy Nuggets	Roast Pork v Spanish omelette, new potatoes, carrots, broccoli	Pasta Carbonara (bacon & Cheese sauce) & Garlic Bread v Macaroni Cheese	Sweet & Sour Chicken V Quorn Sweet & Sour Rice
Jacket Potato with Cheese and Beans or Tuna and Mayonnaise	Jacket Potato with Cheese and Beans or Egg Mayonnaise	Jacket Potato with Cheese and Beans or Hummus	Jacket Potato with Cheese and Beans or Sausage and Beans	Jacket Potato with Cheese and Beans or Bolognaise
Lemon and Apricot Sponge with Vanilla Sauce	Toffee Cream Tart	Summer Fruit Crumble and Custard	Iced Carrot Cake	Fruit Jelly and Ice-cream
<b>Weeks commencing 12/09/22, 03/10/22</b>				
Homemade Pizza (various toppings) v Cheese and Broccoli Quiche Savoury Rice	Toad in the Hole v Vegetable Toad in the Hole New Potatoes, Broccoli and Sweetcorn	Roast Gammon v Leek and Potato Bake Potatoes, Carrots and Cabbage	Chicken Fajitas and Wedges v Vegetable Fajitas and Wedges	Roast Chicken v Vegetable and Pasta Bake Roast Potatoes, Carrot and Cauliflower
Jacket Potato with Cheese and Beans or Tuna and Mayonnaise	Jacket Potato with Cheese and Beans or Egg Mayonnaise	Jacket Potato with Cheese and Beans or Hummus	Jacket Potato with Cheese and Beans or Sausage and Beans	Jacket Potato with Cheese and Beans or Bolognaise
Iced Marble Cake	Peaches and Ice Cream	Viennese Jam Tart	Chocolate Chip Cookie	Cheesecake
<b>Weeks commencing 19/09/22, 10/10/22</b>				
Chilli Con Carne v Vegetable Chilli Rice	Chicken and tomato Pasta Bake v Vegetable Pasta Bake Peas and Sweetcorn	Roast Turkey v Cauliflower and Broccoli Mornay Roast Potatoes, Carrots and Broccoli	Beef Lasagne v Vegetable Lasagne Cheesy Bread	Hot Dogs/Chicken Burger and chips v Veggie Hot Dogs/Burger and chips
Jacket Potato with Cheese and Beans or Tuna and Mayonnaise	Jacket Potato with Cheese and Beans or Egg Mayonnaise	Jacket Potato with Cheese and Beans or Hummus	Jacket Potato with Cheese and Beans or Sausage and Beans	Jacket Potato with Cheese and Beans or Bolognaise
Bakewell Tart and Custard	Fruit Salad Pancakes	Cornflake Tart	Victoria Sponge	Chocolate Brownie

- A healthy option salad bar available daily
- A selection of oily fish available daily
- A selection of fresh fruit available daily
- Bread available daily