



# Friday Bulletin

14<sup>th</sup> May  
2021

## School Attendance by Class



Flamingos - 100%  
Kingfishers - 98%  
Jackdaws - 97.1%  
Hummingbirds - 98.6%



**Whole School - 98.4%**

(Our whole school target for 2020-21 is 97%)

**Day of Calm** On Thursday this week we were joined by Ellise from the School Sports Partnership who led each year group through structured activities for our Day of Calm. The children responded really well to the sessions giving some lovely feedback. Activities included: breathing techniques for relaxation and mindfulness; super hero poses for balance and for positive affirmations (I am strong, I am brave); Tai Chi movements and a body scan.

**Breakfast Club** - Please make sure that your child is booked in for Breakfast Club via ParentMail as we have limited spaces available. Thank you.

**Covid 19 email address** if you have a positive test result please email [covid@bawburgh.norfolk.sch.uk](mailto:covid@bawburgh.norfolk.sch.uk) at any time to let us know. It is important that you use this email address so that we are able act promptly. This email will be checked during and out of school hours.

A reminder, if anyone living in your family home (adult or child) has to take a Covid-19 (PCR) test due to displaying one of the three symptoms, **everyone** needs to stay at home and isolate until you receive the test results.

It is not OK to send your child into school if you know someone living in your family home has taken a test and are awaiting results.

**Drop off for KS2 children** Just a reminder that the drop off time for Hummingbirds and Jackdaws is 9.00 am. Please remain with your child until that time, as we can not always guarantee that a member of staff will be on the playground to supervise the children before 9 am. Thank you for your anticipated co-operation.

**Sleep East** Thanks to funding from a National Lottery Community Grant we are delighted to offer a free ZOOM Sleep Workshop for all parents of children with sleep deprivation.

From 10 - 12.30 on Thursday 14 June

Follow on support clinics 8 and 22 June 10 - 11am

The Zoom Sleep Workshop covers:

How Sleep Works

Sleep information and strategies

Developing a good bedtime routine

Self settling

Sleeping through the night

Early waking

Maintaining a good sleep pattern

**Email: [joybishop@sleepeast.co.uk](mailto:joybishop@sleepeast.co.uk) to book your place.**