

The Bawburgh School Colour Run/Family Day 29th June 2019, midday – 2pm

Bawburgh School Colour Run 2019



The Friends of Bawburgh School are pleased to announce our first ever colour run and family day – we really hope you can join us!

Where and When: Saturday 29th June 2019, 12.00@ Bawburgh School

Who: Entry is open to all Bawburgh pupils and their families – parents, siblings, grandparents and friends not at the school are all welcome – no age restrictions – come and run together!

Cost: £5 per entrant – to include a white t-shirt to wear on the day and finishers medal for children.

All participants will also receive a sponsorship form. Should you wish to collect some sponsorship as an individual or as a family, this would be great fundraising for the school, but is by no means compulsory.

What is a colour run?

Run, walk or dance your way around the course (around the school grounds, so not too long!) and along the way you'll be covered in bright and colourful paint powder at various colour stations. There'll be obstacles along the way but the idea is to get round and have fun.

Is the colour safe?

The colour powder is made using corn starch and natural dyes, it is non-flammable, non-toxic and entirely safe. 'Colour throwers' along the route will only throw the powder below shoulder height, however some colour runners may wish to wear sunglasses or swim goggles as a precaution.

Will the colour stain my clothes?

All participants will be provided with a white t-shirt to wear on the day but we would suggest wearing old shorts / trousers as although colours should wash out, this cannot be guaranteed!

There will also be stalls and refreshments on the day.

